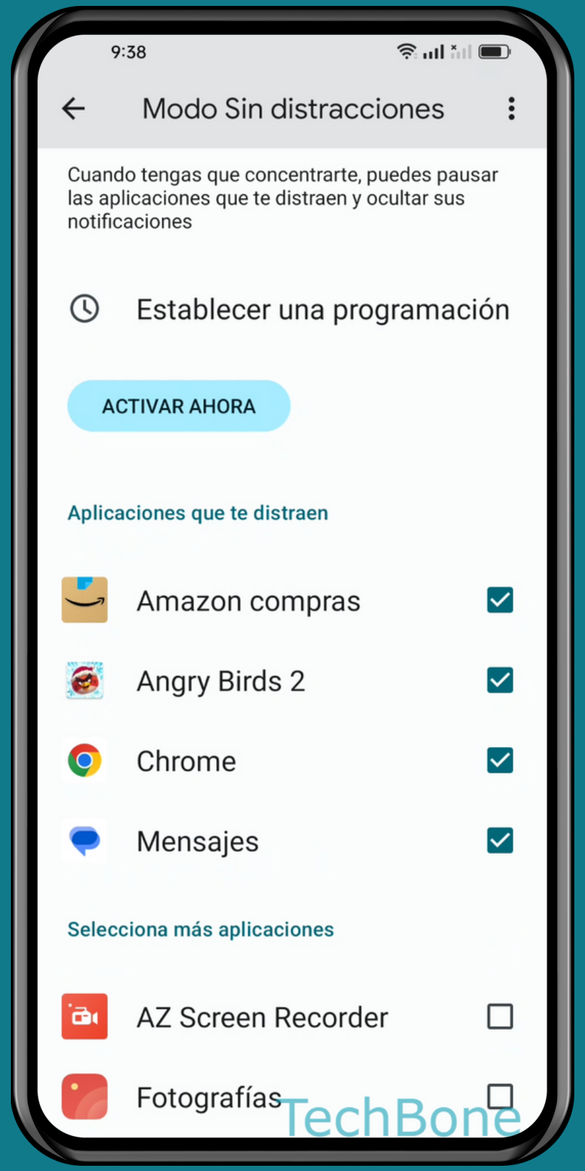
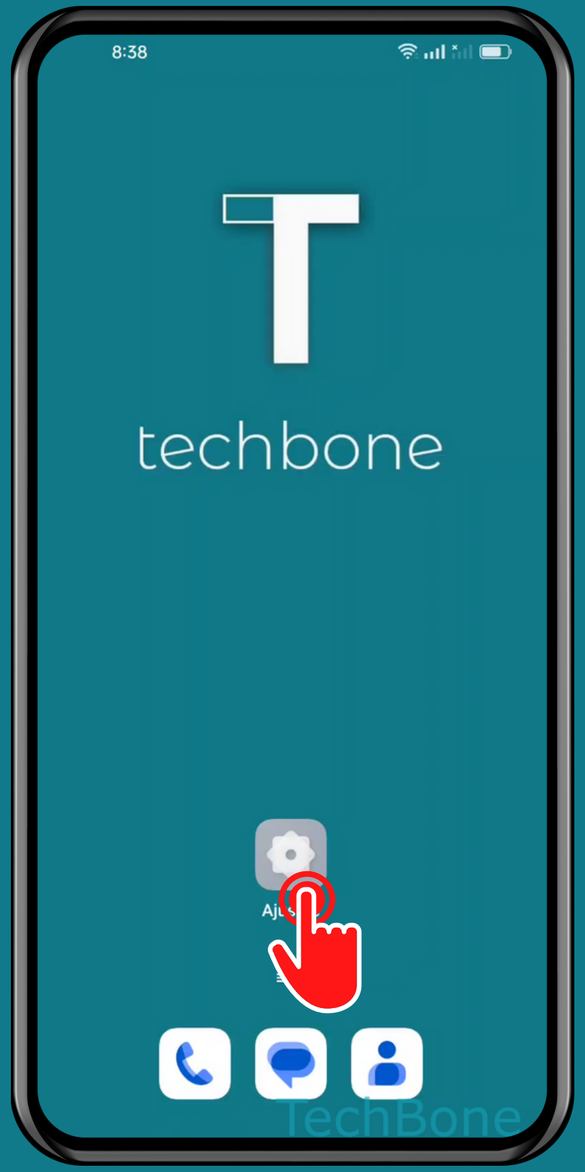



OPPO

Android 12 - ColorOS 12

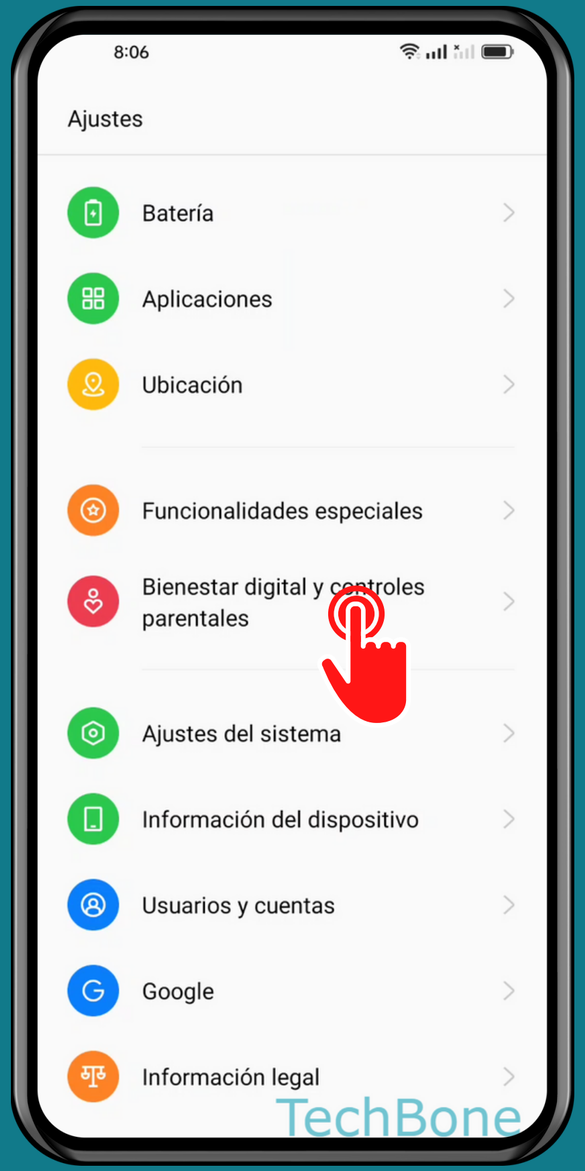
# CONFIGURAR EL MODO SIN DISTRACCIONES

techbone



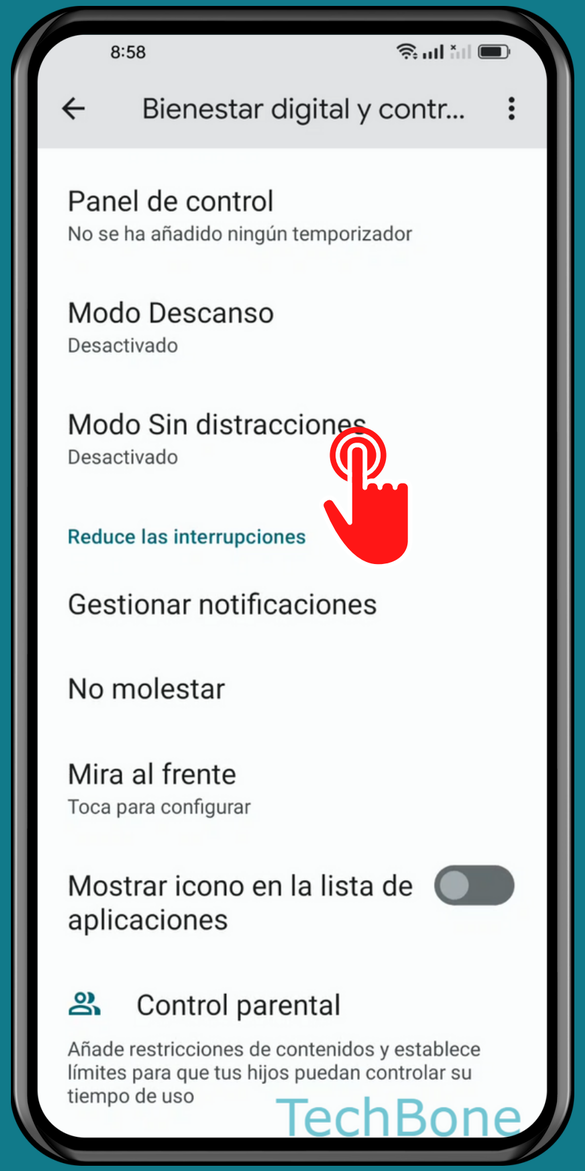

# Abre los Ajustes

techbone



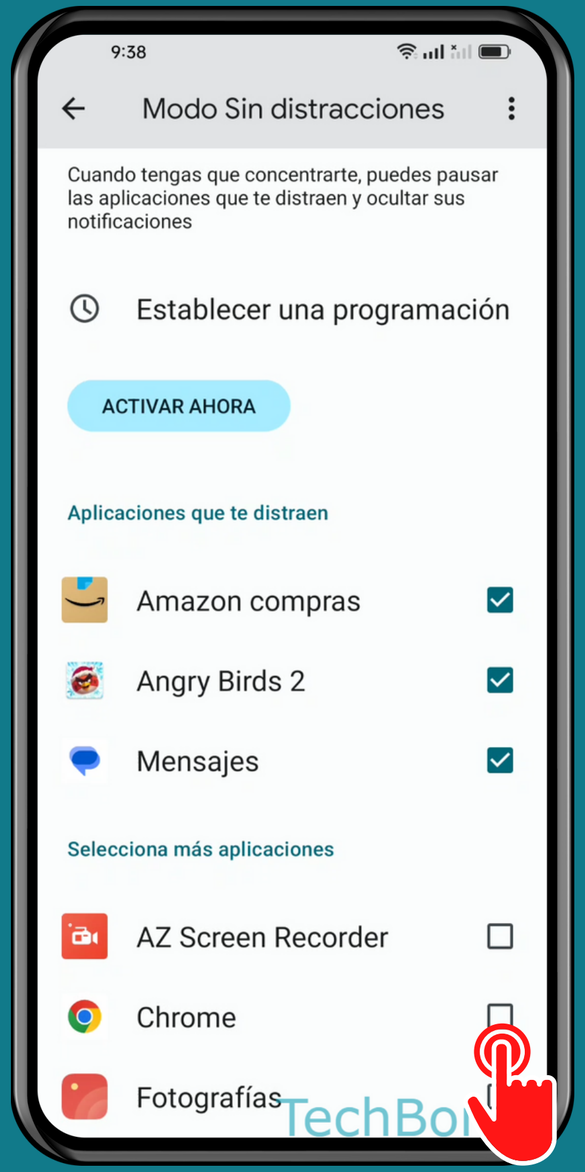

# Presiona
# Bienestar digital y controles parentales

techbone



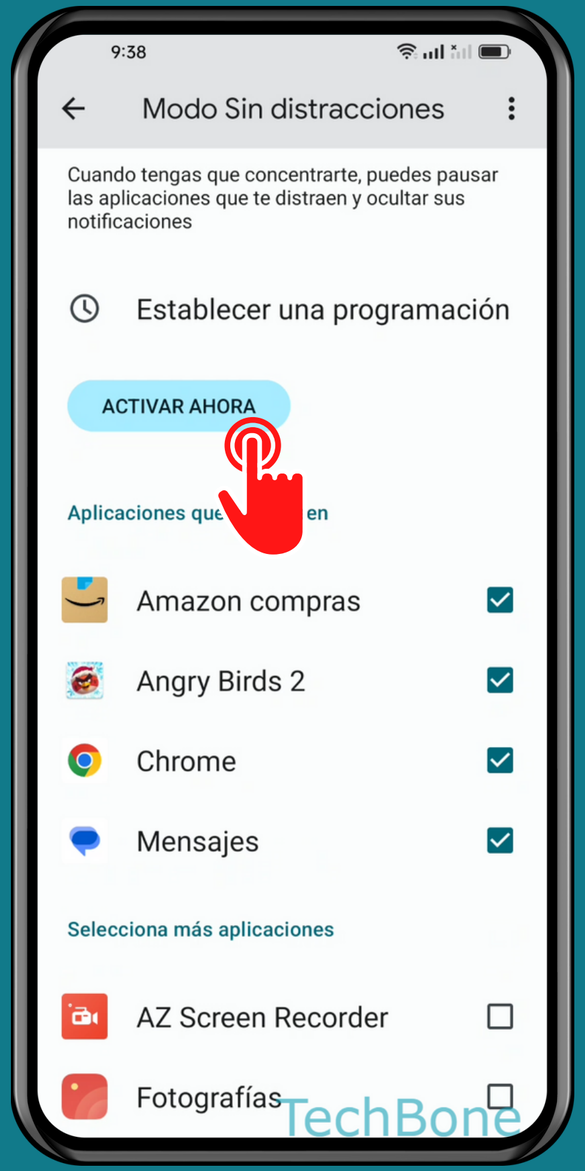

# Presiona
# Modo Sin distracciones

techbone




# Selecciona una o más Aplicaciones

techbone




# Presiona Establecer una programación o Activar ahora

techbone

# ¡Listo!

techbone